

ADVISORY COUNCIL ON THE STATE PROGRAM FOR WELLNESS AND THE PREVENTION OF CHRONIC DISEASE

MINUTES

April 27th, 2023

1:00 p.m.

The Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease held a public meeting on 04/27/2022, beginning at 1:00 p.m., held over Microsoft Teams.

Board Members Present

Chair Chris Syverson
Andrew Snyder, MAT, NDE
Tina Dortch, MPA
Laura Valley, SHAPE NV
Georgia Dounis, DDS, MS, FICD
Maria Azzarelli, EMHA, CHES
Steven Shane, MD, MS, FAAP, ABOM-Nevada AAP Obesity Prevention Chair
Caitlin Gatchalain, Nevada Government Relations Director
Kagan Griffin, MPH, RD
Vice Chair Amber Donnelly, RN, Ph.D., CNE

Board Members Not Present

Senator Dina Neal, JD
Assemblywoman Michelle Gorelow, M.E.D
Cari Herington, MBA, Nevada Cancer Coalition
Ihsan Azzam, Ph.D., MD, MPH
Krista Schonrock, MD

Division of Public and Behavioral Health Staff Present

Kyle Devine, MSW, Health Bureau Chief, CFCW, CDPHP, DPBH
Vickie Ives, MA, Deputy Bureau Chief, CFCW, DPBH
Sarah Rogers, MPH, NDTR, CLC Nutrition Unit Deputy Chief, DPBH, CFCW
Michelle Harden, MPA, Section Manager, Chronic Disease Prevention and Health Promotion (CDPHP), Bureau of Child, Family and Community Wellness (CFCW), Nevada Division of Public and Behavioral Health (DPBH)
Mitch DeValliere, DC, Quality Improvement Manager, CDPHP, DPBH
Emily Sanchez, Administrative Assistant, CDPHP, DPBH
Lynsie Hood, Office Manager, CDPHP, DPBH
Rebecca McKnight, Administrative Assistant, CDPHP, DPBH
Sara Knight, Systems & Reporting Analyst, CDPHP, DPBH
Taylor Moseley, MPH, Clinical Intervention and Wellness Evaluator, CDPHP DPBH
Amber Hise, RD, Clinical and Community Engagement Manager, CDPHP, DPBH
Eric Eakin, DC, Tobacco Program Coordinator, CDPHP, DPBH
Troy Lovick, MS, Heart Disease & Stroke Coordinator, CDPHP, DPBH
Mickena Butler, Health Equity Analyst, CDPHP, DPBH

Jacie Peters, MPH, Management Analyst, CDPHP, DPBH
Elleni Rioja, Food Security Analyst, CDPHP, DPBH
Max Moskowitz, MPH, Nutrition & Wellness Analyst, CDPHP, DPBH
Nahayvee Flores-Rosiles, Comorbidity Coordinator, CDPHP, DPBH
Journey Baham, MPH, Health Equity Coordinator, CDPHP, DPBH
Allison Gonzalez, MD, MPH, Population Health and Wellness Evaluator, CDPHP, DPBH
Esmeralda Chavez, Health Equity Coordinator, CDPHP, DPBH
Sara Dombrowski, Nevada Health Aging, Caregiving, & Innovation Coordinator, CDPHP, DPBH
Donadya McCullough, Integrated Strategies Evaluator, CDPHP, DPBH
Gregory Stalker, MS, Diabetes Coordinator, CDPHP, DPBH
Bret Sarnquist, MPH, RD, LD, Community Prevention & Wellness Evaluator, CDPHP, DPBH
Irazema Melendez, Systems Improvement Coordinator, CDPHP, DPBH
Kellie Ducker, Community Wellness Manager, CDPHP, DPBH
Lori Taylor, MSW, Food Security & Wellness Manager, CDPHP, DPBH
Kathie Taylor, APR, CAPM, Public Information Office, CFCW, CDPHP, DPBH
Sarah Motts, Synar Coordinator, CDPHP, DPBH
Cindy Cohen, Health Program Specialist, CFCW, WIC, DPBH

Others Present

Pamela Zielske, Dialysis Patient Citizens, Western Region Advocacy Director
Brooke Conway Kleven, DPT, Ph.D.; Nevada Institute for Children's Research and Policy
Kelli Goatley-Seals, MPH; Public Health Supervisor; Washoe County Health District
Nicki Aaker, Director, Carson City Health and Human Services
Amanda (Mimi) Annan, MPH, CHES; NOMHE, Management Analyst
Katrina Russell, RN, CNN Nephrology Subject Matter Expert
Ashley Gurr, Elko County Human Services
Seth Rubin, UNR Intern
Linda Anderson, Public Health Policy Analyst, Nevada Public Health Foundation
Sierra Crandall, UNR

1. Roll Call

Roll call was taken and determined a quorum of the Advisory Council on the State Program for Wellness, and the Prevention of Chronic Disease (CWCD) was present, per Nevada Revised Statute (NRS) 439.518

2. Public Comment

Chair Chris Syverson opened the meeting and asked for public comment.

None heard.

3. For Possible Action- Approve Minutes from the January 19th, 2023 Meeting.

Chair Syverson asked for a review of the minutes and a motion to approve the January 19th meeting minutes.

Maria Azzarelli made a motion to approve the minutes. Andrew Snyder seconded the motion, which passed unanimously.

4. For Possible Action- To add non-voting members to Kidney Disease Task Force, as a subcommittee of CWCD

Chair Syverson commented on an invitation to Katrina Russell to join the Kidney Disease Task Force (KDTF) due to Ms. Russell's experience. Chair Syverson asked if Ms. Russell had anything to say regarding the invitation to join.

Ms. Russell spoke of involvement in nephrology, nursing and caring for patients with some level of kidney disease for close to 40 years. Ms. Russell stated any involvement to promote education, awareness, and prevention is a passion of Ms. Russell's.

Chair Syverson asked Mitch DeValliere to clarify if a motion and vote is necessary.

Dr. DeValliere replied that a motion and vote is necessary.

Chair Syverson requested a motion to add Ms. Russell to the KDTF as a non-voting member.

Tina Dortch made a motion to approve. Ms. Azzarelli seconded the motion, which passed unanimously.

5. Kidney Disease Task Force- Call to Order/Roll Call

Chair Syverson called the KDTF to order.

Ms. Russell queried where to get more information and guidance on the purpose of subcommittee KDTF.

Chair Syverson stated that will be discussed under Agenda Item number seven.

Lynsie Hood took roll for the KDTF and confirmed attendance of one member. Ms. Hood took roll for the CWCD board and determined quorum was still met.

6. Public Comment

Chair Syverson opened the meeting and asked for public comment.

None heard.

Chair Syverson mentioned Kyle Matthews is having technical issues accessing the meeting and may be joining the KDTF later.

7. For Possible Action- Discussion and possible recommendations regarding Council's Role in increasing education concerning and awareness of kidney disease

Chair Syverson asked Dr. DeValliere for guidance on how to proceed with this agenda item.

Dr. DeValliere mentioned a brief that discusses the role of the Kidney Disease Advisory Committee as well as an opportunity for DPBH to apply for grants that address healthcare disparities dealing primarily with Chronic Kidney Disease.

Dr. DeValliere explained that required members for the advisory committee are in the form of non-voting members, who are representatives or providers of healthcare and medical facilities who provide care for kidney disease patients. Dr. DeValliere stated an update of the Kidney Disease Advisory

Committee Brief will be sent out to the members.

Chair Syverson noted that the Council's role in increasing education would be to look at what resources are available now, if any, and how to augment those as a starting point.

Chair Syverson requested input from the board members.

Andrew Snyder stated the importance of establishing a target audience and intent, noting that the direction of KDTF's work is dependent on that information. Mr. Snyder queried who the target audience is that KDTF is focused on.

Chair Syverson responded the target audience would be both adults and the younger population with the intention of providing awareness in how an individual would get kidney disease as well as reaching the population with what resources are available.

Tina Dortch expressed that the materials should be presented to the audience of interest that is comprehensible, which may include various languages and accessibility points.

Chair Syverson queried what resources are available, noting the only dialysis center in Winnemucca is closing, which raises the issue of information and access as well to treatments.

Ms. Dortch proposed the KDTF investigate non-traditional means of clinical support such as mobile units, for the rural communities to make access more feasible.

Ms. Russell stated the provision of dialysis services is highly regulated with rigorous and specific regulations that must be met. Ms. Russell added that informing people about chronic kidney disease and trying to prevent their advancing onto end stage renal disease and needing dialysis is something that can be done anywhere. Ms. Russell noted there is a network of care sites that has helpful information about kidney disease which was most recently updated in May of 2022 and more research will be done regarding State of Nevada and national resources. Chair Syverson questioned if a separate group of KDTF can meet and bring more information back to CWCD.

Dr. DeValiere confirmed holding a separate subcommittee and reporting back to CWCD is allowed if deemed necessary.

Chair Syverson suggested getting a poll of board members who might be interested in working on a work group or a subcommittee task force to then bring things forward into the next CWCD meeting. Chair Syverson asked if any board members do not agree.

None heard.

8. For Possible Action- Discussion, Formation, and possible approval of Bylaws for Kidney Disease Task Force

Chair Syverson asked Dr. DeValiere to confirm the absence of a set of bylaws at this time.

Dr. DeValiere confirmed and added that the Deputy Attorney General recommended amending the

bylaws that are in place to accommodate the subcommittee for the KDTF, which were unable to be completed for this meeting. Dr. DeValliere added this agenda item will need to be tabled until the next meeting.

Chair Syverson noted no action taken on the Bylaws for KDTF and recommended one or two meetings for the subcommittee before the next CWCD meeting.

9. Public Comment

Chair Syverson asked for public comment.

None heard.

10. For Possible Action- To Adjourn as the Kidney Disease Task Force

Chair Syverson adjourned the KDTF.

11. Reconvene as CWCD – Roll Call/Call to Order

Rebecca McKnight took roll and determined a quorum of the Advisory Council on the State Program for Wellness, and the Prevention of Chronic Disease (CWCD) was present, per Nevada Revised Statute (NRS) 439.518

Chair Syverson welcomed Michelle Harden and had Ms. Harden introduce herself.

12. Informational- WIC Program Presentation

Chair Syverson introduced Sarah Rogers to present the Women, Infants, and Children (WIC) program presentation about the impacts of Supplemental Nutrition Assistance Program (SNAP) Emergency Authorization (EA) discontinuation on food insecurity. ([WIC Program Presentation](#))

Chair Syverson queried what the fluctuation in the SNAP participation data is caused by.

Ms. Rogers replied the majority of it was due to the Covid-19 Pandemic, that WIC saw an initial increase in 2020 and then slowly started decreasing with multiple theories as to why that is for WIC and for SNAP.

Ms. Rogers added there was an initial increase and then it steadied out and that there is usually from month to month or year to year with some variation in participation in general. Chair Syverson called for questions from the board members.

Dr. Steven Shane questioned what barriers exist to improve participation rates.

Ms. Rogers answered assessing barriers for all supplemental nutrition programs is part of WIC's strategic plan to encourage participation. Ms. Rogers explained that Nevada falls at the national average at about 50% for participation and redemption is still low compared to participation which is something WIC is actively working on.

Kagan Griffin questioned the status of the online ordering grant mentioned in Ms. Rogers presentation.

Ms. Rogers replied that WIC has been approved for the grant and received an extension as well as additional funds while WIC is working with the four other states involved in the project. Ms. Rogers continued that WIC is working with a debt processor and a tech company to get some of those initial

behind-the-scenes improvements made.

Dr. Shane asked if an individual applies for WIC or SNAP if the application process covers both programs.

Ms. Rogers answered they are two separate processes and asked Cindy Cohen to explain further.

Ms. Cohen replied WIC does not have a way to streamline the process, however, if they are currently receiving Supplemental Nutrition Assistance Program (SNAP), Medicaid or Temporary Assistance for Needy Families (TANF) benefits, all the income documentation would not have to be resubmitted for those participants.

Chair Syverson asked if Amanda Annan is on the line to present the Minority Health Report.

Ms. Dortch offered to reach Ms. Annan by text message as the board moves to the next agenda item.

14. Informational- Present Local Health Authority Chronic Disease Prevention and Health

Promotion Program Reports

Chair Syverson introduced Ms. Azzarelli to present the Southern Nevada Health District (SNHD) program report ([SNHD CWCD Report](#)).

Chair Syverson introduced Kelli Seals to present the Washoe County Health District (WCHD) program report ([Washoe CWCD Report](#)).

Chair Syverson thanked Ms. Seals for Washoe County's efforts regarding suicide prevention and introduced Nikki Acker to present Carson City Health and Human Services (CCHHS) program report ([CCHHS CWCD Report](#)).

Chair Syverson asked for Ashley Gurr to present the Elko County Health Board (ECHB) program report ([ECHB CWCD Report](#)).

Dr. DeValliere states Ms. Gurr had to meet with a client and is no longer on the line.

Chair Syverson introduced Brooke Conway-Kleven to present the Nevada's Institute for Children's Research and Policy (NICRP) program report ([NICRP CWCD Report](#)).

Chair Syverson asked for any questions.

None heard.

13. Informational- Minority Health Report

Chair Syverson introduced Amanda Annan to present the minority health report ([Minority Health Report](#)). Chair Syverson asked for any questions. Dr. Shane asked if the full report would include all age groups.

Ms. Annan replied the report is mainly adults, though there are some groups for children and teens.

Informational- Present Chronic Disease Prevention and Health Promotion (CDPHP) Section Update and Program Reports

Dr. DeValliere presented the Chronic Disease Prevention and Health Promotion (CDPHP) program

reports ([CDPHP Section Updates](#)). Dr. DeValliere asked for any questions.

None heard.

16. Informational- Discussion regarding future agenda items

Chair Syverson asked board members for any discussion regarding future agenda items.

None heard.

15. For Possible Action- Discussion and possible action to establish meeting dates for 2023

Chair Syverson queried if there is another meeting scheduled.

Dr. DeValliere answered there is no meeting scheduled yet and a poll will be sent out to establish a date.

Dr. DeValliere added the public hearing for the Preventative Health and Health Services (PHHS) Block Grant is tentatively scheduled for June 1, 2023 which does not require a quorum of CWCD members as it is a stand-alone meeting.

Chair Syverson questioned if an invitation or notification of the meeting has been sent out.

Dr. DeValliere confirmed that an invitation had been sent out and CDPHP is in the process of routing the agenda. Once that is official, another invitation will be sent out.

18. Public Comment

Chair Syverson asked for public comment.

None heard.

19. For Possible Action- To Adjourn

Chair Syverson asked for a motion to adjourn.

Dr. Shane entertained the motion to adjourn. Tina Dortch seconded the motion, which passed unanimously.

The meeting adjourned at 2:40 PM.